

COPLEY WATER WARRIORS PRESENT:



SPRING STROKE CLINIC



LET **CWW** HELP YOUR SWIMMER BUILD A SOLID FOUNDATION
FOR THEIR FUTURE SWIMMING

OUR 4 WEEK STROKE CLINIC INCLUDES:

- ✦ TECHNIQUE INSTRUCTION IN ALL 4 STROKES
- ✦ DEVELOPMENT OF RACING STARTS, TURNS AND FINISHES
- ✦ VIDEO INSTRUCTION FROM OLYMPIC AND NCAA COACHES AND SWIMMERS
- ✦ LEADERSHIP AND CHARACTER BUILDING



Practice Schedule*:

(all practices held at Copley High School)

Level I (\$250):

(high school)
M-F 3¹⁵-5pm

Level II (\$200):

(experienced age group)
M-Th 5¹⁵-6⁴⁵pm / F 5¹⁵-6¹⁵pm

Level III (\$150):

(age group 9 & older)
M, W 5¹⁵-6⁴⁵pm / F 5¹⁵-6¹⁵pm

*times subject to change

For more info, contact:
Liz Hastings, Head Coach
(440) 241-9203, lhast@msn.com

Current USA Swimming membership required for all participants. Available (\$20) during the enrollment process.

Online enrollment process required for payment and participation.

www.copleywaterwarriors.com